Paid Leave Means a Stronger Oklahoma



FACT SHEET /// FEBRUARY 2025

Most working people in the United States do not have paid family leave through their jobs, including about 73 percent — about 1.4 million workers — in Oklahoma.¹ Even unpaid leave under the federal Family and Medical Leave Act is inaccessible for 64 percent of Oklahomans.² The lack of paid leave has devastating costs for Oklahomans and their families and for the entire state's economy by shrinking the workforce and lowering productivity, cutting workers' incomes and harming public health amid a scarcity of reproductive and maternal health care.

OKLAHOMA'S ECONOMY AND FAMILIES ARE SUFFERING

Impossible choices between work and family are hurting Oklahoma's economy — and this country's economy overall — leaving millions of workers suffering. Paid leave means people — especially women — aren't forced to leave the labor force to care for their families or health.

- If women in Oklahoma participated in the labor force at the same rate as women in countries with paid leave, there would be an estimated 71,000 additional workers in the state and \$2.3 billion more wages earned statewide annually.3
- Nationally, if women participated in the U.S. labor force at the same rate as in Germany and Canada, our economy would have benefited from more than \$6.7 trillion in additional economic activity over the past decade.⁴
- Each year, Oklahomans are unable to take 153,000 leaves that they need and lose \$645

- million in wages due to unpaid or partially paid leave, including \$335 million lost by women.⁵
- Nationwide, 79 percent of small business owners support a national paid leave program.⁶ Paid leave improves employee retention, morale and productivity, reducing turnover for employers of all sizes and boosting the economy. But small employers often cannot provide the benefit — and universal paid leave would help them do that.⁷

PEOPLE IN OKLAHOMA BOTH WORK AND PROVIDE CARE

Everyone benefits from paid leave. Paid leave means all workers can take time off to provide the care their families need.

In 68 percent of all Oklahoma households with children — nearly 616,000 homes — all parents report to work, and about 48,300 children are born in Oklahoma each year.8

- Women's wages support their households. In Oklahoma, 79 percent of Black mothers, 41 percent of Latina mothers, 47 percent of white mothers and 47 percent of AAPI mothers are key family breadwinners. State-level data is limited, but nationally 64 percent of Native American mothers are breadwinners.⁹
- Women make up nearly half of Oklahoma's labor force (46 percent) and one-quarter of its business owners (25 percent).¹⁰
- More than 80 percent of men believe that men and women should share care responsibilities equally,¹¹ but men only make up about 40 percent of caregivers for disabled and older adults.¹² Men want to participate more in caregiving, but unsupportive policies and stigma hold them back.¹³

THE STATE'S CAREGIVING NEEDS ARE GROWING

Families' caregiving needs are increasing in Oklahoma. Paid leave means older adults and disabled people can give and receive care, and our care workforce is more resilient.

- Nearly one-quarter of Oklahoma workers are 55 and older, ¹⁴ and in the next 25 years, the number of Oklahomans who are 65 and older will grow by 109,000. ¹⁵
- Nationwide, nearly one third of all adults aged 55-64 — and 41 percent of older Black women and 43 percent of older Latinas — hold a physically demanding job.¹⁶ These jobs can worsen or cause serious medical conditions that require care, particularly in older workers and workers with disabilities.¹⁷
- Just 6 percent of Oklahoma nursing facilities meet new federal standards for staffing levels.¹⁸ Paid leave reduces nursing home use¹⁹ and can help recruitment and retention of care workers.²⁰
- Paid leave helps family caregivers and disabled people (who are often caregivers themselves) manage their health and care needs while maintaining their income and employment.²¹

A NATIONAL PAID LEAVE PLAN IS THE SOLUTION

Oklahomans need a common sense, national paid leave program. We recommend one that:

- o includes all workers, no matter where they live or work or what kind of job they have;
- o replaces enough income that workers at any income level can afford leave;
- o provides enough time and covers the range of major needs workers face, including addressing their own health conditions, caring for seriously ill, injured or disabled family members and welcoming newborn, newly adopted or foster children;
- o provides education and outreach to ease implementation for workers and small businesses;
- o has a sustainable funding source that is affordable for workers, employers and the government without harming other essential programs.

National paid family and medical leave means a stronger economy, healthier families and businesses, and greater equality for all women and families.

To learn more, visit **NationalPartnership.org/PaidLeave**.

- U.S. Bureau of Labor Statistics. (2023, September). National Compensation Survey: Employee Benefits in the United States, March 2023 (Excel tables). Retrieved 19 September 2024, from https://www.bls.gov/ebs/publications/employee-benefits-in-the-united-states-march-2023.htm (Percent of civilian workers who have access to paid family leave by Census division); U.S. Bureau of Labor Statistics. (2024, November). Current Population Survey: State Employment and Unemployment (Table 1. Civilian labor force and unemployment by state and selected area, seasonally adjusted). Data for October 2024, retrieved 3 December 2024, from https://www.bls.gov/news.release/laus.to1.htm
- diversitydatakids.org. (2024, March). Indicators of FMLA Eligibility and Affordability for Working Adults. Retrieved 3 December 2024, from Brandeis University, The Heller School, Institute for Child, Youth and Family Policy website https://data.diversitydatakids.org/dataset?vocab_Subtopic=FMLA&_ga=2.14449139.551199344.1673292061-1693714331.1656615545; Workers are considered unable to take unpaid FMLA leave because they are either ineligible based on employer size or job tenure requirements or because 12 weeks of lost wages from unpaid leave would result in their family income dropping to or below 200 percent of the Supplemental Poverty Measure.
- U.S. Bureau of Labor Statistics. (2024). Local Area Unemployment Statistics, Expanded State Employment Status Demographic Data (2023 Annual Averages). Retrieved 3 December 2024, from https://www.bls.gov/lau/ex14tables.htm; This analysis extends earlier Department of Labor analyses on differences in women's labor force participation. See Glynn, S. J. (2023, November). The Cost of Doing Nothing, 2023 Update: The Price We STILL Pay without Policies to Support Working Families. Women's Bureau of the U.S. Department of Labor Publication. Retrieved 3 December 2024, from: https://www.dol.gov/sites/dolgov/files/WB/paid-leave/CostofDoingNothing2023.pdf
- 4 Frye, J., Haider, A., & Gallagher Robbins, K. (2024, September). *Unfinished Policy Agenda for Women in the Economy Cost the U.S.* \$6.7 Trillion in GDP Gains over a Decade. Retrieved 3 December 2024, from National Partnership for Women & Families website: https://nationalpartnership.org/report/unfinished-policy-agenda-women-in-economy-cost-trillions-in-gdp/
- 5 Andrews, E., Mehta, S. & Milli, J. (2024, September). Working People Need Access to Paid Leave. Retrieved 3 December 2024, from Center for Law and Economic Policy website: https://www.clasp.org/publications/report/brief/working-people-need-access-to-paid-leave/
- 6 Nationally representative survey of 1,005 small business owners conducted by Lake Research Partners August 13-21, 2024. Small Business Majority and National Partnership for Women & Families. (2024, October). Small Businesses Support a National Paid Family and Medical Leave Program. Retrieved 3 December 2024, from https://nationalpartnership.org/report/small-businesses-support-national-paid-family-medical-leave-program/
- 7 National Partnership for Women & Families. (2023, November). Paid Leave Works: Evidence from State Programs. Retrieved 3 December 2024, from https://nationalpartnership.org/wp-content/uploads/2023/02/paid-leave-works-evidence-from-state-programs.pdf
- 8 Centers for Disease Control and Prevention. (2024, April). National Vital Statistics Rapid Release, Births: Final Data for 2022 (Table 6. Births, by race and Hispanic origin of mother: United States, each state and territory, 2022). Retrieved 3 December 2024, from https://www.cdc.gov/nchs/data/nvsr/nvsr73/nvsr73-02.pdf; U.S. Census Bureau. (2024, September). 2023 American Community Survey 1-Year Estimates (Table DP03). Retrieved 3 December 2024, from https://data.census.gov/
- 9 Shaw, E., Mason, C. N., Lacarte, V., & Jauregui, E. (2020, May). Holding Up Half the Sky: Mothers as Workers, Primary Caregivers, & Breadwinners During COVID-19. Retrieved 3 December 2024, from Institute for Women's Policy Research website: http://iwpr.org/wp-content/uploads/2020/07/Holding-Up-Half-the-Sky-Mothers-as-Breadwinners.pdf; "Key breadwinner" means a single mother who heads a household or a married mother who contributes 40 percent or more of the couple's joint earnings. Nationally, 79 percent of Black mothers, 64 percent of Native American mothers, 60 percent of mothers identifying as multiracial or "other" race, 49 percent of Latina mothers, 48 percent of white mothers and 43 percent of Asian/Pacific Islander mothers are key breadwinners.
- 10 See note 3, U.S. Bureau of Labor Statistics; Institute for Women's Policy Research. (2021). Status of Women in the States (Table 4.1). Retrieved 3 December 2024 from https://statusofwomendata.org/explore-the-data/poverty-opportunity/additional-state-data/composite/
- 11 Schulte, B. (2021, February 4). Providing Care Changes Men: IV. An Overwhelming Majority of Men Value Care and Believe it Should be Equally Shared. But Belief Isn't Associated with Practice. Retrieved 3 December 2024, from New America website: https://www.newamerica.org/better-life-lab/reports/providing-care-changes-men/iv-an-overwhelming-majority-of-men-value-care-and-believe-it-should-be-equally-shared-but-belief-isnt-associated-with-practice
- 12 Equimundo and Men Care. (2023). State of America's Fathers 2023: Mobilizing men for a better care ecosystem. Retrieved 3 December 2024, from Equimundo website: https://www.equimundo.org/resources/state-of-americas-fathers/
- 13 Lenhart, A., Swenson, H., & Schulte, B. (2019, December). Lifting the Barriers to Paid Family and Medical Leave for Men in the United States. Retrieved 3 December 2024 from New America website: https://www.newamerica.org/better-life-lab/reports/lifting-barriers-paid-family-and-medical-leave-men-united-states/; Livingston, G. (2018, January 8). Most dads say they spend too little time with their children; about a quarter live apart from them. Pew Research Center Publication. Retrieved 3 December 2024, from https://www.pewresearch.org/fact-tank/2018/01/08/most-dads-say-they-spend-too-little-time-with-their-children-about-a-quarter-live-apart-from-them/
- 14 See note 3, U.S. Bureau of Labor Statistics.
- 15 See note 3, U.S. Bureau of Labor Statistics; University of Virginia Demographics Research Group. (2024). *National Population Projections: Projections for the 50 States and D.C. (Age and Sex)*. Retrieved 3 December 2024, from https://www.coopercenter.org/national-population-projections (Unpublished calculation based on projected rate of growth of older adult population from 2023 to 2050)
- 16 Morrissey, M., Radpour, S., & Schuster, B. (2022, November 16). The Older Workers and Retirement Chartbook (Chart 1D). Retrieved 3 December 2024, from Economic Policy Institute website: https://www.epi.org/publication/chapter-1-older-workers/
- 17 National Academy of Social Insurance. (2023, September). Older Workers in Physically Challenging Jobs Need Stronger Social Insurance Supports. Retrieved 3 December 2024, from: https://www.nasi.org/wp-content/uploads/2023/09/OlderWorkersTaskForce-Report-FINAL.pdf
- 18 Chidambaram, P., Burns, A., Neuman, T., & Rudowitz, R. (2024, May 21). A Closer Look at the Final Nursing Facility Rule and Which Facilities Might Meet New Staffing Requirements. Retrieved 3 Decemberf 2024, from KFF website: https://www.kff.org/medicaid/issue-brief/a-closer-look-at-the-final-nursing-facility-rule-and-which-facilities-might-meet-new-staffing-requirements/
- 19 Arora, K., & Wolf, D. A. (2017, November.) Does Paid Family Leave Reduce Nursing Home Use? The California Experience. *Journal of Policy Analysis and Management*, 37(1), 38-62. doi: 10.1002/pam.22038
- 20 Espinoza, R. (2020). Would You Stay? Rethinking Direct Care Job Quality. Retrieved 3 December 2024, from PHI National website: https://www.phinational.org/caringforthefuture/wouldyoustay/
- 21 Setty, S., Koball, H., Hartig, S., & Sutcliffe, T. J. (2019, February). Disability Perspectives on Paid Leave: A Qualitative Analysis of Leave-taking Among Workers Affected by Disabilities or Serious Health Conditions. Retrieved 3 December 2024, from The Arc of the U.S. website: https://thearc.org/policy-advocacy/paid-family-medical-leave/

The National Partnership for Women & Families is a nonprofit, nonpartisan advocacy group dedicated to promoting fairness in the workplace, reproductive health and rights, access to quality, affordable health care and policies that help all people meet the dual demands of work and family. More information is available at National Partnership.org. © 2024 National Partnership for Women & Families. All rights reserved.