

# Listening To Mothers in California Toolkit

**Listening to Mothers in California** is a statewide population-based survey of women who gave birth in 2016. It is the first state-level fielding of the national Listening to Mothers survey and the first Listening to Mothers survey available in both English and Spanish. The survey provides extensive, timely, previously unavailable data about women's maternity care and postpartum experiences, views and outcomes. The new survey highlights the voices of women themselves and focuses on important topics such as bias and discrimination in health care, disparities faced by women of color, maternal mental health, current maternity care practices, and more.

- ▶ **Read the full survey report** at [NationalPartnership.org/LTMCA](https://NationalPartnership.org/LTMCA).
- ▶ **Use #Listening2Mothers to join the conversation on social media and share multimedia materials.**
- ▶ **Attend our virtual and in-person #Listening2Mothers events.**

## SAMPLE TWEETS

### *Full Survey Report*

- ▶ Read the #Listening2Mothers in CA survey from @childbirth and @NPWF for extensive, timely, previously unavailable data about women's maternity care and postpartum experiences, views and outcomes. [NationalPartnership.org/LTMCA](https://NationalPartnership.org/LTMCA)
- ▶ NEW: The #Listening2Mothers survey from @childbirth and @NPWF highlights the voices of childbearing women that had been previously unknown. Listen to women. It's that simple. Learn more. [NationalPartnership.org/LTMCA](https://NationalPartnership.org/LTMCA)
- ▶ Women are speaking out and being heard on key issues like fair pay, sexual harassment and discrimination. But there's one important place women are not being heard: the delivery room. Learn more from @NPWF and @childbirth. #Listening2Mothers [NationalPartnership.org/LTMCA](https://NationalPartnership.org/LTMCA)
- ▶ Women are the experts of their own experiences, including childbirth. We must listen to women and work to improve our maternity care system across the country. #Listening2Mothers. [NationalPartnership.org/LTMCA](https://NationalPartnership.org/LTMCA)

### *Listening to Asian and Pacific Islander Mothers in California*

- ▶ API women's self-reported experiences during pregnancy and childbirth have received limited attention in the national conversation about maternity care. Learn more from the new #Listening2Mothers in CA survey. [LINK](#)

### *Listening to Black Mothers in California*

- ▶ From the new #Listening2Mothers survey: Black women experienced discrimination from maternity care providers more often than white women. During their hospital stay, more than 10% of Black mothers were treated unfairly because of their race or ethnicity. [npwf.info/2oYXKvO](http://npwf.info/2oYXKvO)

### *Listening to Latina Mothers in California*

- ▶ The #Listening2Mothers in CA survey findings show that Latina mothers experience discrimination during birth, feel unsupported in their decision-making and lack support after childbirth. [npwf.info/2x3BPr9](http://npwf.info/2x3BPr9)

### *Spanish Language Tweets*

- ▶ NUEVO: La encuesta #Listening2Mothers en California de @childbirth y @NPWF destaca las voces frecuentemente ignoradas de las mujeres en edad reproductiva. Aprende más [NationalPartnership.org/LTMCA](http://NationalPartnership.org/LTMCA)
- ▶ "Una enfermera durante mi parto parecía estar presionado para la anestesia epidural, la cual yo no quería al principio. No me gusto como seguía preguntando." #Listening2Mothers [npwf.info/2oYWAAAs](http://npwf.info/2oYWAAAs)
- ▶ De la nueva encuesta #Listening2Mothers: Más del 10% de las madres afroamericanas fueron tratadas injustamente durante su estancia hospitalaria a causa de su raza y origen étnico. #ListenToBlackWomen #BlackMamasMatter [npwf.info/2x3BPr9](http://npwf.info/2x3BPr9)
- ▶ Las latinas sufren discriminación por parte de sus proveedores de cuidado de maternidad: 10% de las mujeres para quienes el español es su lengua materna reportaron trato injusto. #Listening2Mothers [npwf.info/2oYXKvO](http://npwf.info/2oYXKvO)

### *Multimedia and Shareable Images*

- ▶ Download shareable images [here](#).
- ▶ Please retweet and/or repost these videos:
  - ▶ #Listening2Mothers: Compilation [Facebook](#) | [Twitter](#)
  - ▶ #Listening2Mothers: Kimberly [Facebook](#) | [Twitter](#)

- ▶ #Listening2Mothers: Angelina [Facebook](#) | [Twitter](#)
- ▶ #Listening2Mothers: Luz [Facebook](#) | [Twitter](#)

### **UPCOMING EVENTS**

- ▶ Stay tuned for information about a Facebook Live video on the survey in September.
- ▶ [Register for the webinar](#) on key findings from the Listening to Mothers in California Survey on Thursday, September 20 at 12 p.m. PT.
- ▶ For more resources, visit the [digital report](#).